

Overall Place	Name	Bib No	Gender Place	Gender	Category Place	Category	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Finish Time	Club
1	Tom Howe	57	1	M	1	Male Open	8:56.3	1:08.5	36:08.9	0:30.3	14:27.4	1:01:11.5	Tri Lakeland
2	Mark Benson	5	2	M	2	Male Open	10:34.1	0:52.0	34:46.3	0:26.1	14:35.3	1:01:14.1	Unattached
3	Robert Cassidy	20	3	M	3	Male Open	8:34.5	0:40.1	38:04.4	0:24.8	16:23.8	1:04:07.6	Racepace
4	Mike Vogler	33	4	M	4	Male Open	9:22.2	0:55.2	39:43.3	0:23.7	16:20.3	1:06:44.9	Ulverston Tri Club
5	Amanda Ingram	34	1	F	1	Female Open	8:29.5	0:51.5	40:49.5	0:35.8	16:33.4	1:07:19.9	Unattached
6	Alan Storey	56	5	M	5	Male Open	10:36.1	1:26.9	39:42.1	0:44.8	15:56.7	1:08:26.8	Harrogate Tri Club
7	Richard Milner	4	6	M	6	Male Open	8:42.9	1:16.1	40:50.5	0:54.1	17:04.5	1:08:48.2	Unattached
8	Wesley Roberts	26	7	M	7	Male Open	9:36.7	1:23.8	41:38.9	0:28.4	17:22.3	1:10:30.4	Chorley Athletic And Tria
9	Alex Roberts	58	8	M	8	Male Open	11:53.9	1:08.4	42:17.2	0:32.9	16:08.3	1:12:00.8	Unattached
10	Karoline Rose	59	2	F	2	Female Open	8:36.4	1:23.6	41:58.0	0:49.1	19:16.6	1:12:03.9	Arragons Tri Club
11	Simon Galloway	21	9	M	9	Male Open	9:46.4	1:12.5	43:02.8	0:27.8	17:54.3	1:12:24.0	Todmorden Harriers
12	Shaun Gilmour	17	10	M	10	Male Open	8:53.8	1:35.1	43:09.7	0:42.8	18:23.2	1:12:44.7	Man Tri Club
13	Matthew Boon	31	11	M	11	Male Open	10:57.3	1:33.9	41:35.0	0:49.4	18:16.9	1:13:12.6	Calderdale Tri Club
14	Oliver Mullen	28	12	M	12	Male Open	9:32.7	0:52.9	43:43.5	1:18.1	17:50.7	1:13:18.0	Unattached
15	Lucy Stobbart	38	3	F	3	Female Open	11:12.5	1:51.7	41:52.5	0:46.1	17:36.8	1:13:19.6	Unattached
16	David Owen	23	13	M	13	Male Open	10:42.2	1:43.3	42:22.2	0:48.5	18:42.5	1:14:18.8	Chorley Athletic And Tria
17	Peter Carroll	55	14	M	14	Male Open	9:32.0	1:23.1	42:02.7	0:38.3	21:11.8	1:14:48.2	Unattached
18	Suzanne Toppin	51	4	F	4	Female Open	10:39.0	0:59.8	44:26.3	0:39.8	18:48.1	1:15:33.2	Arragons Tri Club
19	Joesph Bramall	32	15	M	15	Male Open	10:26.9	0:51.6	44:43.9	0:43.2	19:27.4	1:16:13.2	Mersey Tri

AMBLESIDE SPRINT/NOVICE TRIATHLON | RESULTS 16/07/2016

Overall Place	Name	Bib No	Gender Place	Gender	Category Place	Category	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Finish Time	Club
20	Russell Brooks	63	16	M	16	Male Open	10:40.4	1:38.5	44:31.1	1:08.4	18:35.3	1:16:33.8	Unattached
21	Olivia Rawlinson	43	5	F	5	Female Open	8:38.0	1:31.1	45:28.7	0:49.2	20:42.5	1:17:09.7	Unattached
22	Hayley Hodgson	60	6	F	6	Female Open	11:12.9	1:48.9	44:34.8	0:46.3	19:21.3	1:17:44.3	Keswick Tri Club
23	Andrew Gaskell	30	17	M	17	Male Open	11:55.8	2:07.1	45:55.2	0:34.0	17:36.7	1:18:09.0	Wigan Triathlon Club
24	Natasha Goggin	49	7	F	7	Female Open	11:42.6	1:27.2	44:22.9	0:57.5	19:46.7	1:18:17.1	Unattached
25	Julie Simpson	53	8	F	8	Female Open	11:18.3	1:50.8	44:12.7	1:03.4	19:52.3	1:18:17.6	Unattached
26	Lucy Broster	42	9	F	9	Female Open	9:53.6	1:40.7	47:33.8	0:27.8	20:09.9	1:19:46.0	Unattached
27	Neil Haynes	22	18	M	18	Male Open	9:49.2	2:33.4	45:02.1	0:56.5	21:43.7	1:20:05.1	Dobs Cc
28	Louise Mort	62	10	F	10	Female Open	10:52.6	2:54.1	46:15.6	0:51.2	19:23.9	1:20:17.6	Unattached
29	Holly Barwick	41	11	F	11	Female Open	10:14.9	2:28.6	47:14.6	0:27.7	19:56.2	1:20:22.4	Unattached
30	Chris Whitby	64	19	M	19	Male Open	12:23.2	1:47.7	45:45.8	0:42.2	21:02.7	1:21:41.7	Unattached
31	Sally Blackmore	61	12	F	12	Female Open	11:35.3	1:46.0	45:54.9	0:45.0	22:35.4	1:22:36.8	Arragons Tri Club
32	Claire Bunce	54	13	F	13	Female Open	9:55.7	1:32.3	51:19.7	0:39.3	19:21.3	1:22:48.4	Tri Preston
33	Richard Saunders	27	20	M	20	Male Open	11:13.5	2:05.2	48:54.2	0:37.2	20:18.3	1:23:08.7	Unattached
34	Angela Thompson	52	14	F	14	Female Open	13:48.5	1:37.8	46:55.3	0:43.8	20:45.9	1:23:51.5	Unattached
35	Margaret Hicks	46	15	F	15	Female Open	10:51.4	2:02.2	50:20.6	0:55.2	23:09.7	1:27:19.2	Unattached
36	Becky Breakwell	36	16	F	16	Female Open	12:16.6	1:42.8	50:09.9	1:03.9	22:30.4	1:27:43.9	Unattached
37	Neil Litter	29	21	M	21	Male Open	13:00.3	1:51.4	48:16.4	0:49.7	24:01.0	1:27:58.9	Unattached
38	Beta Bartkowiak	45	17	F	17	Female Open	11:43.3	3:17.6	48:14.3	1:14.2	24:10.9	1:28:40.5	Unattached
39	Tess Murphy	39	18	F	18	Female Open	12:15.9	3:26.5	50:42.0	1:23.5	24:13.2	1:32:01.2	Unattached
40	Megan Alderton	47	19	F	19	Female Open	11:52.5	2:27.3	1:02:57.9	0:27.3	24:27.0	1:42:12.3	Unattached
41	Alice Melville	50	20	F	20	Female Open	14:49.7	3:23.9	59:31.8	1:46.5	28:13.6	1:47:45.7	Unattached
42	Sherry Johnson	37	21	F	21	Female Open	16:12.1	2:51.1	1:11:10.8	1:57.8	28:07.8	2:00:19.8	Unattached
43	Steve Bedford	15	22	M	22	Male Open	14:44.1	5:11.7	1:09:52.1	1:23.8	35:19.5	2:06:31.5	Unattached