



# BOWNESS ON WINDERMERE TRIATHLON

## SPRINT TRIATHLON

### RESULTS 12/08/2017

Overall Place	Name	Bib Number	Gender Place	Gender	Category Place	Category	Swim Rank	Swim Time	T1 Rank	T1 Time	Bike Rank	Bike Time	T2 Rank	T2 Time	Run Rank	Run Time	Finish Time	Club
1	Phil Ellison	101	1	M	1	M Senior	5	14:23.0	6	0:51.1	1	32:44.7	5	0:26.9	4	15:49.1	1:04:15.1	Thatto Cycles RT
2	Will Morris	86	2	M	2	M Senior	1	13:16.2	69	2:18.2	4	35:35.8	84	1:27.5	3	15:20.1	1:07:57.9	Unattached
3	Chris Green	94	3	M	3	M Senior	4	14:22.7	13	1:04.0	5	35:40.1	13	0:35.7	7	17:04.5	1:08:47.1	Thatto Cycles Racing Team
4	Steven Hebblethwaite	83	4	M	4	M Senior	9	15:12.3	16	1:07.0	7	37:12.6	29	0:46.5	2	14:49.1	1:09:07.6	Tri Lakeland
5	Sam McCarthy	53	5	M	5	M Senior	3	14:16.2	7	0:52.6	6	36:00.5	33	0:47.7	9	17:30.5	1:09:27.7	Unattached
6	Jonathan Hynes	110	6	M	1	MV	8	15:04.5	2	0:36.4	2	35:14.8	31	0:47.2	22	18:42.8	1:10:26.0	Istar Tri
7	Andrew Hynes	128	7	M	2	MV	7	14:56.5	3	0:37.3	3	35:30.9	15	0:37.6	26	19:15.1	1:10:57.6	Manchester Triathlon Club
8	George Steele	63	8	M	6	M Senior	11	15:22.2	4	0:44.1	8	37:27.4	7	0:29.1	6	16:57.1	1:11:00.1	British Army
9	Kane Tinnion	100	9	M	7	M Senior	16	16:16.9	1	0:32.0	9	37:50.6	9	0:30.6	5	16:14.9	1:11:25.2	Tri Lakeland
10	Martyn Bacon	54	10	M	3	MV	6	14:54.2	56	2:01.6	12	39:05.9	48	0:54.5	15	17:55.2	1:14:51.7	AFC Pedalfest
11	Richard Ion	91	11	M	8	M Senior	2	13:45.5	22	1:22.9	19	40:55.2	27	0:45.5	33	19:48.0	1:16:37.3	Unattached
12	Phillip Derry	93	12	M	9	M Senior	26	17:01.8	17	1:08.8	16	39:57.6	18	0:41.9	13	17:48.8	1:16:39.2	Unattached
13	Nikki Ellis	73	13	M	4	MV	22	16:45.2	27	1:28.3	17	40:11.6	14	0:36.0	12	17:41.0	1:16:42.3	Team Manvers
14	Kevin Boynton	9	14	M	10	M Senior	19	16:29.5	19	1:14.9	15	39:57.0	49	0:54.7	27	19:17.7	1:17:53.9	Unattached
15	Sara Eames	4	1	F	1	F Senior	20	16:32.9	12	1:03.8	24	41:29.4	16	0:38.3	17	18:25.0	1:18:09.6	RacingTNT
16	Sam Purvis	103	15	M	11	M Senior	17	16:25.1	83	2:51.1	20	41:02.1	63	1:03.3	8	17:06.2	1:18:27.9	Unattached



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17	Gareth Wilson	65	16	M	5	MV	46	19:15.1	24	1:23.7	13	39:23.7	46	0:53.8	10	17:34.7	1:18:31.2	Unattached
18	Ben Deeble	62	17	M	6	MV	48	19:17.0	23	1:23.6	14	39:31.8	32	0:47.7	18	18:28.0	1:19:28.2	Unattached
19	Stuart O'Connor	77	18	M	1	MSV	14	15:55.3	26	1:28.3	36	43:00.4	30	0:46.6	25	19:01.4	1:20:12.1	Unattached
20	Chase Turner	88	19	M	12	M Senior	13	15:52.0	37	1:35.8	35	42:59.1	67	1:05.5	21	18:41.6	1:20:14.2	Unattached
21	Archie McCluskey	32	20	M	13	M Senior	23	16:50.2	52	1:57.6	31	42:34.5	61	1:02.2	14	17:51.9	1:20:16.6	Unattached
22	Will Wall	87	21	M	14	M Senior	27	18:03.9	30	1:29.2	30	42:30.5	43	0:52.9	11	17:34.8	1:20:31.5	Unattached
23	Gavin Smith	84	22	M	15	M Senior	34	18:32.9	11	1:03.4	21	41:16.3	28	0:46.3	41	20:23.0	1:22:02.2	Stockport Tri Club
24	Chris Parsons	12	23	M	16	M Senior	58	19:49.0	93	3:34.9	10	38:32.4	25	0:45.2	31	19:34.0	1:22:15.7	Unattached
25	Joshua Bailey	97	24	M	17	M Senior	40	18:45.1	25	1:25.2	26	41:52.4	24	0:44.6	34	19:48.2	1:22:35.6	UTC
26	Jonathan Bevan	31	25	M	18	M Senior	37	18:36.6	28	1:28.9	28	42:13.1	19	0:42.4	32	19:36.1	1:22:37.3	Unattached
27	Liam Smith	85	26	M	19	M Senior	36	18:36.1	58	2:06.4	29	42:21.3	51	0:55.2	24	18:52.5	1:22:51.7	Stockport Tri Club
28	Gary Sheppard	5	27	M	7	MV	50	19:27.1	18	1:10.3	22	41:16.9	54	0:57.5	46	20:37.9	1:23:29.8	Unattached
29	Nicholas Moore	105	28	M	8	MV	87	23:05.1	20	1:15.3	11	38:52.2	96	2:04.0	20	18:35.5	1:23:52.4	Unattached
30	Debbie Edginton	104	2	F	1	FV	31	18:21.9	33	1:30.1	38	43:14.3	20	0:43.5	40	20:20.9	1:24:10.9	Keswick Tri Club
31	Tom Benson	50	29	M	20	M Senior	64	20:14.8	61	2:08.9	23	41:23.7	62	1:02.6	37	20:00.2	1:24:50.4	Unattached
32	James Carradice	95	30	M	21	M Senior	63	20:13.7	94	3:39.6	18	40:27.3	70	1:10.0	28	19:19.8	1:24:50.6	Unattached



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33	Alex Melhuish	48	31	M	22	M Senior	55	19:46.7	64	2:11.0	48	44:05.4	17	0:40.8	16	18:08.6	1:24:52.6	Unattached
34	Dave Foulkes	58	32	M	9	MV	18	16:25.8	14	1:04.7	49	44:06.5	69	1:07.9	64	22:10.1	1:24:55.0	Unattached
35	Anthony Lees	74	33	M	2	MSV	54	19:42.5	5	0:46.5	43	43:53.4	44	0:53.6	36	19:58.0	1:25:14.2	Unattached
36	Darius Nash	38	34	M	23	M Senior	57	19:48.4	53	1:58.3	25	41:41.8	11	0:30.9	56	21:25.8	1:25:25.4	Unattached
37	Fiona Hutchison	109	3	F	2	FV	53	19:40.8	35	1:32.9	44	43:55.7	1	0:21.5	45	20:36.2	1:26:07.2	Unattached
38	Matt Towers	127	35	M	24	M Senior	61	19:59.2	68	2:16.2	27	41:54.3	78	1:14.3	51	21:07.4	1:26:31.6	Unattached
39	Holly Metcalfe	24	4	F	2	F Senior	41	18:51.6	38	1:37.5	46	44:00.7	39	0:51.0	53	21:15.9	1:26:36.9	Total Tri Training
40	Carl Raven	92	36	M	10	MV	39	18:43.0	59	2:07.6	58	46:02.1	21	0:44.0	29	19:23.6	1:27:00.4	Unattached
41	Matthew Bowen	33	37	M	25	M Senior	52	19:33.0	9	0:59.9	54	45:10.7	89	1:36.4	35	19:50.2	1:27:10.4	Unattached
42	David Harvey	8	38	M	11	MV	15	16:10.4	40	1:39.8	42	43:31.2	53	0:56.7	91	25:35.3	1:27:53.6	Tyne Triathlon
43	Robert Bullock	6	39	M	26	M Senior	56	19:48.1	31	1:29.3	51	44:42.5	56	0:59.2	54	21:22.3	1:28:21.6	Unattached
44	Carol Paxton	25	5	F	3	F Senior	95	24:04.8	46	1:46.4	41	43:27.4	23	0:44.3	19	18:34.5	1:28:37.5	Unattached
45	Stuart Flack	10	40	M	3	MSV	32	18:26.4	10	1:01.7	45	43:56.0	55	0:57.8	80	24:15.6	1:28:37.6	Unattached
46	Matthew Simmonds	27	41	M	27	M Senior	45	19:13.7	84	2:54.9	62	46:48.9	12	0:32.2	30	19:28.7	1:28:58.7	Unattached
47	Claire Wilshaw	80	6	F	4	F Senior	97	24:09.4	63	2:09.9	33	42:52.9	65	1:03.7	23	18:48.6	1:29:04.6	Cambridge Triathlon Club
48	Elizabeth Collison	55	7	F	5	F Senior	44	19:12.4	32	1:29.7	59	46:09.6	42	0:52.6	55	21:23.7	1:29:08.2	Unattached



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49	Lydia Horsfield	69	8	F	6	F Senior	35	18:34.2	55	1:59.8	63	46:53.9	36	0:50.5	50	20:55.0	1:29:13.5	Total Racing Newcastle
50	Richard Ousey	61	42	M	12	MV	42	19:03.4	98	4:11.1	50	44:13.8	86	1:32.1	39	20:15.6	1:29:16.2	Unattached
51	Ricky Nash	37	43	M	28	M Senior	47	19:15.2	43	1:43.5	32	42:38.1	74	1:11.0	82	24:32.2	1:29:20.2	Unattached
52	Rebecca Howe	52	9	F	7	F Senior	24	16:53.8	80	2:43.6	70	48:21.9	2	0:23.7	52	21:13.4	1:29:36.6	Tri Lakeland
53	Tracey Binks	60	10	F	3	FV	12	15:46.2	39	1:38.3	64	46:57.1	58	1:00.8	81	24:30.2	1:29:52.8	Unattached
54	Charlie Jefferson	129	44	M	29	M Senior	25	16:55.1	73	2:23.6	66	47:25.2	87	1:32.2	61	21:42.4	1:29:58.7	Team Milk
55	Danielle King	82	11	F	8	F Senior	33	18:30.3	48	1:47.1	56	45:36.5	45	0:53.6	77	23:28.7	1:30:16.5	Army
56	Anna Pickles	66	12	F	9	F Senior	60	19:55.5	21	1:16.6	37	43:13.6	50	0:54.9	88	25:06.2	1:30:27.0	Unattached
57	Peter Lock	23	45	M	13	MV	62	20:07.4	15	1:05.8	53	45:06.8	64	1:03.3	76	23:22.1	1:30:45.7	Unattached
58	James Bartram	45	46	M	30	M Senior	68	21:06.8	45	1:46.1	61	46:20.4	85	1:30.6	38	20:02.3	1:30:46.4	Unattached
59	Daniel Kempson	68	47	M	31	M Senior	73	21:35.5	51	1:55.4	60	46:12.0	81	1:23.8	43	20:28.4	1:31:35.3	Unattached
60	Carl Booth	17	48	M	32	M Senior	69	21:23.1	76	2:31.9	47	44:03.9	76	1:11.6	69	22:33.2	1:31:43.9	Unattached
61	Caroline Cunningham	75	13	F	4	FV	89	23:33.8	72	2:23.4	40	43:25.1	41	0:52.3	58	21:30.9	1:31:45.7	Wallsend Harriers / NTR Cycle
62	Gary Dunlop	108	49	M	14	MV	66	20:42.5	29	1:28.9	74	48:41.8	68	1:07.7	47	20:42.6	1:32:43.7	South Shields Tri
63	Taru Jaroszynska	30	14	F	10	F Senior	59	19:50.8	36	1:34.3	69	48:20.1	3	0:24.1	72	23:03.4	1:33:12.8	taru jaroszynski
64	Mark Cook	42	50	M	4	MSV	80	22:19.4	66	2:13.0	52	44:56.0	71	1:10.0	70	22:36.8	1:33:15.4	Unattached



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65	Darren Martin	46	51	M	15	MV	88	23:20.4	88	3:07.1	39	43:19.3	90	1:48.0	68	22:25.0	1:34:00.0	Kendal CC
66	Suzanne Cook	43	15	F	5	FV	86	23:04.4	89	3:22.7	55	45:13.3	34	0:49.0	59	21:35.3	1:34:04.8	Unattached
67	David Martin	81	52	M	33	M Senior	91	23:44.5	78	2:35.5	57	45:56.6	72	1:10.4	48	20:43.9	1:34:11.1	Unattached
68	Emily Trelore	76	16	F	11	F Senior	28	18:16.6	41	1:40.4	75	49:15.9	57	1:00.2	83	24:39.6	1:34:52.9	Unattached
69	Philippa Henderson	70	17	F	12	F Senior	81	22:34.7	85	3:01.5	68	48:17.9	37	0:50.5	44	20:34.6	1:35:19.5	Unattached
70	Jamie Atkinson	16	53	M	34	M Senior	67	21:05.3	34	1:31.2	65	47:14.6	40	0:52.1	85	24:53.3	1:35:36.7	Unattached
71	Neil Wilkinson	79	54	M	5	MSV	51	19:30.1	71	2:20.9	79	50:38.3	4	0:26.7	71	22:48.9	1:35:45.2	Craven Energy
72	Glen Thompson	28	55	M	6	MSV	76	21:40.9	47	1:46.5	71	48:26.0	47	0:54.0	73	23:03.5	1:35:51.1	Unattached
73	Rob Winder	72	56	M	16	MV	30	18:21.1	90	3:25.5	97	1:03:27.5	22	0:44.0	1	9:54.8	1:35:53.1	Unattached
74	Corinne Parsons	11	18	F	1	FSV	49	19:23.8	62	2:09.4	83	52:07.0	6	0:27.4	65	22:11.8	1:36:19.6	Unattached
75	Neil Marsh	57	57	M	17	MV	29	18:19.9	96	3:53.9	67	47:32.1	93	2:01.4	84	24:43.0	1:36:30.4	AFC Pedalfest
76	Genia Nowicki	29	19	F	13	F Senior	84	22:50.7	81	2:44.5	72	48:34.9	38	0:50.9	74	23:07.6	1:38:08.7	Unattached
77	Heather Carter	96	20	F	6	FV	79	22:02.5	49	1:48.6	82	52:01.0	79	1:18.7	57	21:27.7	1:38:38.7	Tri Force
78	Dan Janes	44	58	M	18	MV	82	22:39.3	70	2:20.4	78	50:05.8	73	1:10.5	75	23:09.4	1:39:25.7	Unattached
79	Steph Smith	71	21	F	14	F Senior	85	22:55.1	79	2:41.7	80	50:50.5	26	0:45.5	67	22:19.9	1:39:32.9	Unattached
80	Deborah Wilson	26	22	F	15	F Senior	92	23:48.4	87	3:05.9	77	50:04.4	75	1:11.4	62	22:03.7	1:40:14.0	Unattached



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81	Gary Tattersall	67	59	M	35	M Senior	65	20:21.6	57	2:05.3	91	55:28.3	91	1:51.1	49	20:49.1	1:40:35.5	Unattached
82	Pete Making	99	60	M	36	M Senior	38	18:40.5	75	2:30.6	89	54:39.0	77	1:12.0	78	24:01.7	1:41:03.9	Unattached
83	Daniel Hubbard	21	61	M	37	M Senior	78	21:59.4	60	2:08.3	73	48:37.0	80	1:19.9	93	27:10.8	1:41:15.7	Unattached
84	Mike Moore	36	62	M	7	MSV	93	23:53.3	50	1:50.6	76	49:50.0	94	2:02.3	89	25:19.8	1:42:56.2	Unattached
85	Suzanne Walsh	107	23	F	7	FV	71	21:31.0	86	3:05.2	84	52:12.7	95	2:02.7	79	24:10.0	1:43:01.9	Unattached
86	Matthew Tones	19	63	M	38	M Senior	75	21:37.8	42	1:43.0	88	54:21.5	66	1:04.5	86	25:00.6	1:43:47.7	Unattached
87	Jennifer Rhymes	47	24	F	16	F Senior	74	21:36.5	74	2:25.7	94	57:12.0	8	0:29.5	66	22:19.0	1:44:03.0	Unattached
88	Nicola Richardson	20	25	F	17	F Senior	72	21:32.3	91	3:29.9	81	51:52.4	88	1:33.9	92	26:28.0	1:44:56.6	Unattached
89	Kirstin MacGregor	14	26	F	18	F Senior	100	27:02.6	77	2:33.2	85	52:25.0	52	0:55.5	63	22:05.8	1:45:02.3	Unattached
90	Ruth Albaya	49	27	F	19	F Senior	99	25:47.9	67	2:13.0	87	53:57.4	35	0:49.8	87	25:00.9	1:47:49.2	Unattached
91	Peter Castellani	56	64	M	39	M Senior	98	24:27.3	99	4:32.3	95	58:34.4	10	0:30.8	42	20:27.3	1:48:32.2	Unattached
92	Lana Richards	98	28	F	20	F Senior	70	21:25.1	65	2:12.5	93	56:22.7	59	1:01.4	94	28:24.2	1:49:26.0	Unattached
93	Sharon MacGregor	13	29	F	2	FSV	94	23:54.6	95	3:53.1	92	55:29.1	82	1:23.9	90	25:24.2	1:50:05.1	Unattached
94	Mark Gurney-Berrett	2	65	M	8	MSV	43	19:07.1	97	3:55.2	86	53:43.7	97	2:41.9	97	32:46.7	1:52:14.8	Sky Pirates
95	Delia Richardson	15	30	F	8	FV	83	22:43.4	92	3:33.5	90	55:17.5	83	1:25.9	96	32:11.5	1:55:12.0	Unattached
96	Jeni Bradley	3	31	F	21	F Senior	77	21:48.0	100	7:20.6	96	1:00:01.9	92	1:56.3	95	31:17.2	2:02:24.2	Sky Pirates

